



Stanislaus County
Chapter of
La Leche League

PLEASE POST
OCT 2011 — JAN 2012

BREASTFEEDING HELP 24 HOURS A DAY

For breastfeeding support, encouragement and answers to breastfeeding questions call our new LLL Breastfeeding Helpline.

877 4 LA LECHE

(877-452-5324)

Or call local La Leche League Leader:

Susan 537-1243

La Leche League offers:

- Monthly support groups that meet to discuss the benefits of human milk, childbirth, planning for baby, breastfeeding basics, weaning and nutrition. Babies and children are welcome!
- Lending libraries with books on breastfeeding, childbirth, parenting and nutrition, as well as books for sale including La Leche League's *The Womanly Art of Breastfeeding*
- 54 years of mother-to-mother support and sharing
- Latest breastfeeding information

Breastfeeding?

Or considering it?

**NURTURE III DOUBLE ELECTRIC
BREASTPUMPS ARE AVAILABLE FOR SALE.**

*We proudly
continue to offer
our 100% cotton
baby slings by*

SlingEZee®

hava™

zolowear

MODESTO MEETINGS

Meet 3rd Thursday at 10:30 a.m.

Thursday, October 20th
Thursday, November 17th
Thursday, December 15th
Thursday, January 19th

Meeting Location

**554 Ensen Avenue
Modesto**

Directions: From Hwy 99, take the Kansas Avenue exit. Head east onto Kansas Avenue, Turn right on North Franklin Street and continue until Virginia Avenue (N. Franklin Ave. turns into Beech St., then turns into Needham St.). Turn left onto Virginia Street and continue until Coldwell Avenue. Turn right. Continue on Coldwell until Ensen Avenue and turn right. House is on the left-hand side, on the corner of Ensen and Coldwell.

La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing information, support, encouragement, and education to women who want to breastfeed.

www.LLLUSA.org/NCAHI/stanislauscountyca.html